

First 10 Minutes Rehearsal Blueprint

A copy-ready plan for turning arrival, setup, warm-up, and repertoire into one purposeful opening sequence.

ENSEMBLE / CLASS		DATE	
TODAY'S MUSICAL OUTCOME		FIRST REPERTOIRE LOCATION	

0-2 MIN Entry and Setup

Purpose: Make the first action visible and reduce avoidable waiting.

- Opening task is visible before students enter.
- Materials, equipment, and seating needs are clear.
- Students can begin without waiting for a speech.

Today's specific action:

2-4 MIN Physical and Equipment Readiness

Purpose: Prepare bodies, voices, instruments, and technology for safe music-making.

- Posture, playing position, and breathing are ready.
- Reeds, bows, sticks, cables, or devices are checked.
- Students know the help procedure for a setup problem.

Today's specific action:

4-7 MIN Musical Activation

Purpose: Prepare the exact listening or performance skill the repertoire requires.

- Warm-up target matches today's musical demand.
- The teacher listens for one or two observable indicators.
- Feedback is brief, specific, and immediately testable.

Today's specific action:

7-10 MIN Transfer Into Repertoire

Purpose: Apply the opening skill in context before momentum disappears.

- Students know the measure, section, or task to open.
- The teacher names the connection in one sentence.
- The ensemble tests the skill in the original musical context.

Today's specific action:

Rehearsal Opening Audit

Use this page after one rehearsal. Record evidence, select one improvement, and retest the same routine.

LOOK FOR	EVIDENCE FROM TODAY	NEXT MOVE
Students began the first task without repeated directions.		
Equipment problems were handled without stopping the whole ensemble.		
The opening musical task prepared a real repertoire demand.		
Feedback named one observable change for the next attempt.		
Students transferred the opening skill into the music.		

One-Variable Improvement Plan

Avoid changing the entire routine at once. Name the exact breakdown, change one condition, and compare the next rehearsal with today's evidence.

1. PRECISE BREAKDOWN	2. ONE CHANGE TO TEST
3. EVIDENCE I WILL WATCH / LISTEN FOR	4. WHEN I WILL RETEST

Five-Day Routine Check

DAY	FIRST MUSIC-MAKING BEGAN AT	DIRECTIONS REPEATED	ONE OBSERVATION
1			
2			
3			
4			
5			

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