BAND / INDEPENDENT PRACTICE

My Focused Practice Plan

Name: _____ Date: _____

Choose a short passage from your band music. Make a plan, test it, and record evidence.

Be specific: name the passage, the skill, the strategy, and the result you will check.

1. Choose your passage. Write the piece title and measure numbers.

2. Choose ONE skill to improve: notes, rhythm, articulation, dynamics, or tone.

3. Describe what you hear or notice before practicing.

4. Write a goal you can check after practicing.

5. Choose a first strategy and explain what you will do.

6. Choose a comfortable starting tempo or another clear practice condition.

7. Try your plan. Record evidence from at least two attempts.

8. What will you keep or change in your next practice session?

Teacher guide uses sample responses, not one correct answer. Judge the plan by its clarity and evidence.

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My Focused Practice Plan

TEACHER GUIDE / SAMPLE RESPONSES

Choose a short passage from your band music. Make a plan, test it, and record evidence.

Be specific: name the passage, the skill, the strategy, and the result you will check.

1. Choose your passage. Write the piece title and measure numbers.

   Example: Concert piece, measures 9-12. Accept any clearly identified short passage.

2. Choose ONE skill to improve: notes, rhythm, articulation, dynamics, or tone.

   Example: Rhythm. Accept a specific skill connected to the chosen passage.

3. Describe what you hear or notice before practicing.

   Example: I rush the two eighth notes in measure 10. Look for an observable starting point.

4. Write a goal you can check after practicing.

   Example: Play measures 9-12 with steady rhythm three times in a row.

5. Choose a first strategy and explain what you will do.

   Example: Clap and count the rhythm before playing. Accept a strategy suited to the goal.

6. Choose a comfortable starting tempo or another clear practice condition.

   Example: Quarter-note pulse at 60 BPM. Accept an appropriate tempo or clear condition.

7. Try your plan. Record evidence from at least two attempts.

   Example: Attempt 1: rushed measure 10. Attempt 2: steady throughout. Evidence must describe results.

8. What will you keep or change in your next practice session?

   Example: Keep counting aloud; repeat at 60 BPM before increasing speed. Accept an evidence-based next step.

Teacher guide uses sample responses, not one correct answer. Judge the plan by its clarity and evidence.